



E-Magazine

Year 1 Vol 7 and 8

Discipline

»»» A stepping stone towards confidence and success



Herbal Face Scrub

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Aloe Vera, Tumeric,
Almond & Neem



It removes blackheads, dead skin cells and revitalizes the skin texture. It increases skin elasticity and makes it firm. Also, treats skin infections caused by pollution.

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_____ Swadeshi Ayurvedic & Businesss Revolution

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Monthly E-Magazine

Year 1 Vol. 7 and 8



“A bridge from goal
to
accomplishment
A bridge from failure
to success
A bridge from
ordinary to
extraordinary”



Dr. Ashok Bhatia

Founder and Chairman I.M.C.

Discipline: A stepping stone towards Confidence and Success

What is the importance of discipline in life? Often we hear people saying discipline is the first step towards success, life is a mess without self-discipline, etc. How often do we implement this wisdom? How often we live a well-structured and a disciplined lifestyle? Can a sportsperson have a successful career without discipline? Can a businessman accomplish his goals without being disciplined? The answer is No, not possible and even if he achieves success, it will be short-lived because of his own loopholes.

A discipline is an act of controlling our mind and abiding

with the laws of nature, state or company where we are working. It is said, “One who can rule his mind can rule his life.” A disciplined mind will make the man punctual with a strong personality. One who is disciplined will understand the value of time; will always be on time and will never waste time sitting idle. It helps to create a balance between personal and professional life. It plays an important role in everyone's life and is a stepping stone towards success. Even the universe abides by the rules and if we also abide by the rules, success is inevitable. Whether we are working in a multi-national company, or handle

household, one should be self-disciplined and respect time. It is the only way towards continuous growth and leads to a stress-free life.

Friends, we often hear people complaining that life is a struggle or success comes only after hard work, but it is only half true. If we are not punctual, if we are casual and laidback only then life becomes a burden. On the contrary, if we organize our daily tasks and complete them on time then even small efforts have huge impacts. All the successful people in the world swear by self-discipline and have said, "Without self-discipline, dreams will just remain dreams, it will not yield results." Discipline is the foundation of good habits and when anything becomes a habit, our life becomes easy because everything is done effortlessly. Often we feel frustrated due to short-pain because of strict rules, restrictions or deadline, but in the long-run, it will

lead to successful completion of goals and everybody will respect you. Most of the time, people do what they want to do without proper planning and look for a shortcut to success. For once, you may get results but it work only for a while and in the long run it will have repercussions. So, work hard, persevere and be disciplined to achieve long-term results.

At the time, people misunderstand discipline with rigidity or lack of freedom, which is not the case. Discipline is not an obstruction on the path of freedom; in fact, it is the only way towards freedom. When you will dedicatedly complete your daily tasks, it will increase your confidence and efficiency thereby reducing the time and giving you more free time to do other things. I will tell you a story about the importance of self-discipline.



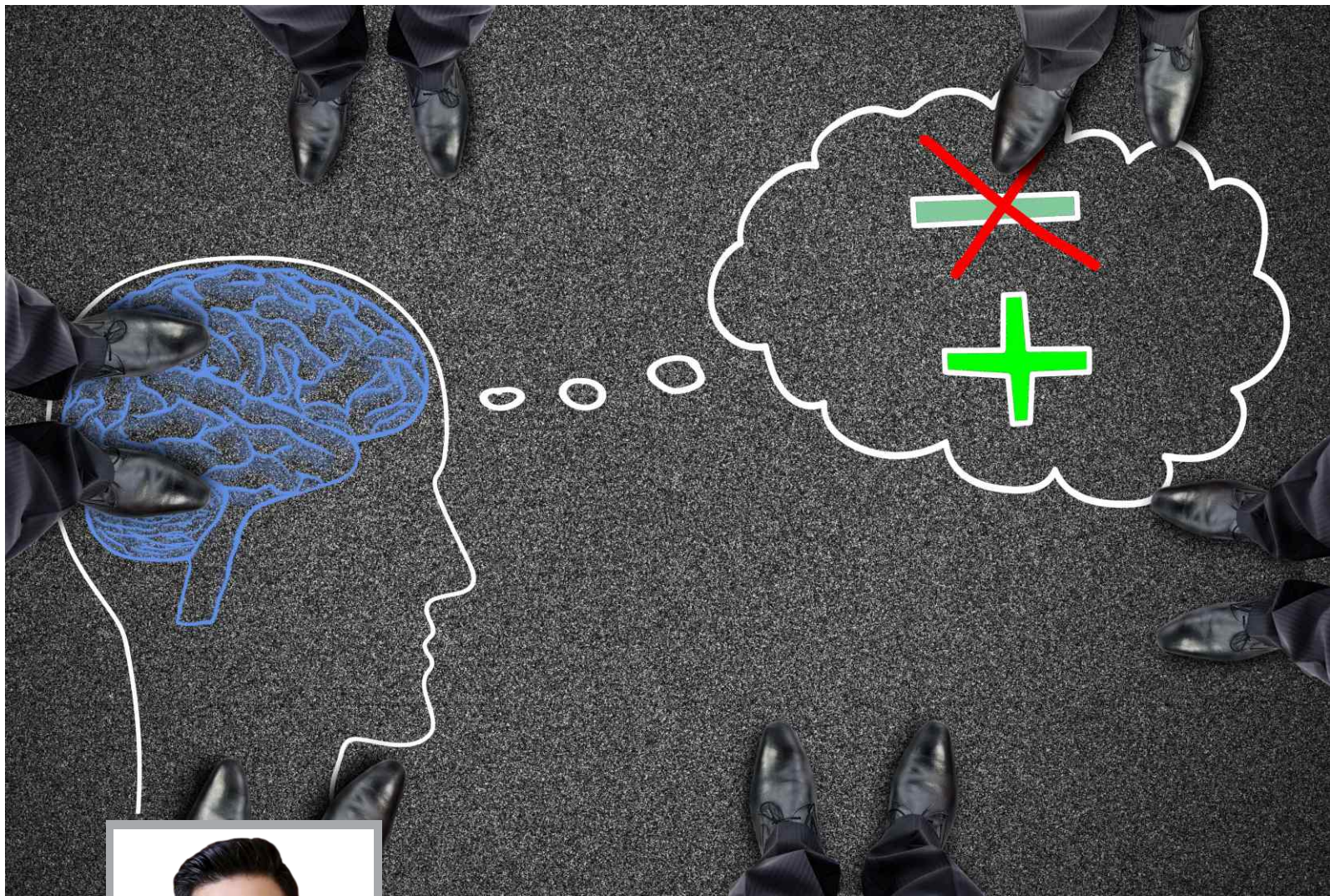
Gandhi ji used to live in his Ashram in Gujarat and everybody used to eat food together in the kitchen. Gandhi ji had just one rule that if you are late for meals and food is served then you have to wait outside the kitchen for your turn as the kitchen will be closed.

One day, he was busy in a meeting and was late for lunch. Gandhi ji was standing outside the kitchen and was waiting for his turn. One of his friend was passing by and saw him and said, "Even you are late today!" and Gandhi ji politely smiled and said, "It is everybody's responsibility to abide by the rules, even mine." His friend looked around for a chair but couldn't find one. So he told Gandhi Ji that he will get a chair for him so that he can sit and wait.

But, Gandhi ji refused and said, "No need to bring the chair. I was late and I will fulfill my punishment just like everyone else."

This story tells us the importance of discipline. If we want to be successful or we want people to listen to us, then first and foremost we have to practice what we preach. We should first become self-disciplined only then we can expect others to be disciplined.

It is an asset that will not make you successful but will transform your personality. It helps to take better decisions, increases our capacity to handle challenges and makes us better leaders. So, live a disciplined life for long-lasting results.



Success is not just a one day task; it demands relentless efforts, never-give-up attitude and optimism that will make you ablaze brighter than the fire surrounding you



Mr. Satyan Bhatia
Managing Director I.M.C

Pull yourself up from the

Nadir of negativity to the
Heaven of optimism

How often do you feel that life is at its worst? How often you feel that your efforts are being wasted and apprehensions are distorting your thinking? Often when things go haywire and we are stuck in a situation where nothing seems to work and it is a dead end, we tend to break down and take wrong decisions. Especially, when it comes to start-ups, it is not easy to get noticed or achieve targets in the beginning and we tend to lose hope. There are so many people who start their career as a businessman but are not able to hold for long and quit. Does that mean they did not have business acumen? What led to their downfall?

It is often said that Universe exists in our mind i.e. our world is what we perceive. Perception plays a pivotal role in creating our life and it depends on how positive we are. Often associates come to me and ask me, how to earn millions in a short time? How can I become successful without working for long hours? When I hear such questions, I wonder the state of mind of the person. All they are concerned about is short cut to success, fast and easy way to earn money and I realize that they lack patience and planning.

Success is not just a one day task; it demands relentless efforts, never-give-up attitude and

optimism that will make you ablaze brighter than the fire surrounding you.

Have you ever observed a lion? Why is he considered the king of the jungle? Why even if he is walking alone will make the animals shiver with his just one roar? It is because of his courage and fearless attitude. When amidst the chaos, where nothing is working towards betterment and

criticism is what you are receiving from every corner; in those challenging times, if you can keep yourself positive, stay aloof to the negativity and persevere. Then, my friend, you will stand out of the crowd and the world will cheer for you. When I started this company, there were many voices that discouraged me saying that it is not easy, you will fail or network marketing is not accepted by the

masses. But, instead of being negative, I got determined to make my dream come true and today after a decade of hard work and determination, IMC is known as the first indigenous direct selling company. So, what made me go beyond the negativity and stay positive even though there were hurdles and obstacles stopping my way?

If you are willing to give all you have got to make your dreams come true then follow these pointers to nip negativity out of your mind and life forever:

Never doubt your capabilities and talent:

Inside you lies the fathomless reservoir of dormant talents and capabilities. Even you have no idea of what you can do and achieve, so doubting yourself because of what others say is like giving the reigns of your life to others. Explore yourself, you may fall in the journey but with every fall you will learn a new way to rise and it will polish your personality and make you confident.

Be goal and action-oriented:

A life without a goal will have no action and similarly, a business without a set goal will not lead to results. Often people set goals but do not act to achieve them. Success is possible only if you act on the set goals and keep trying until and unless you accomplish. The best part of being an action-oriented individual is that you will think only while setting goals and not at the time of action. So, the recipe for success is thinking at the right time in the right direction, not all the time.

What others say is not your business:

When we focus all our energies on what others are thinking or talking behind our back, it is like running forward with head tilted backward. When your goal in life is to move forward then worrying about what others are thinking about you is just a waste of energy and shortcut to failure.

Also, it will breed negativity in you making you sulk and leaving you drained. So take the higher road by focusing on what is in your control and garner appreciation by your hard work and efforts.

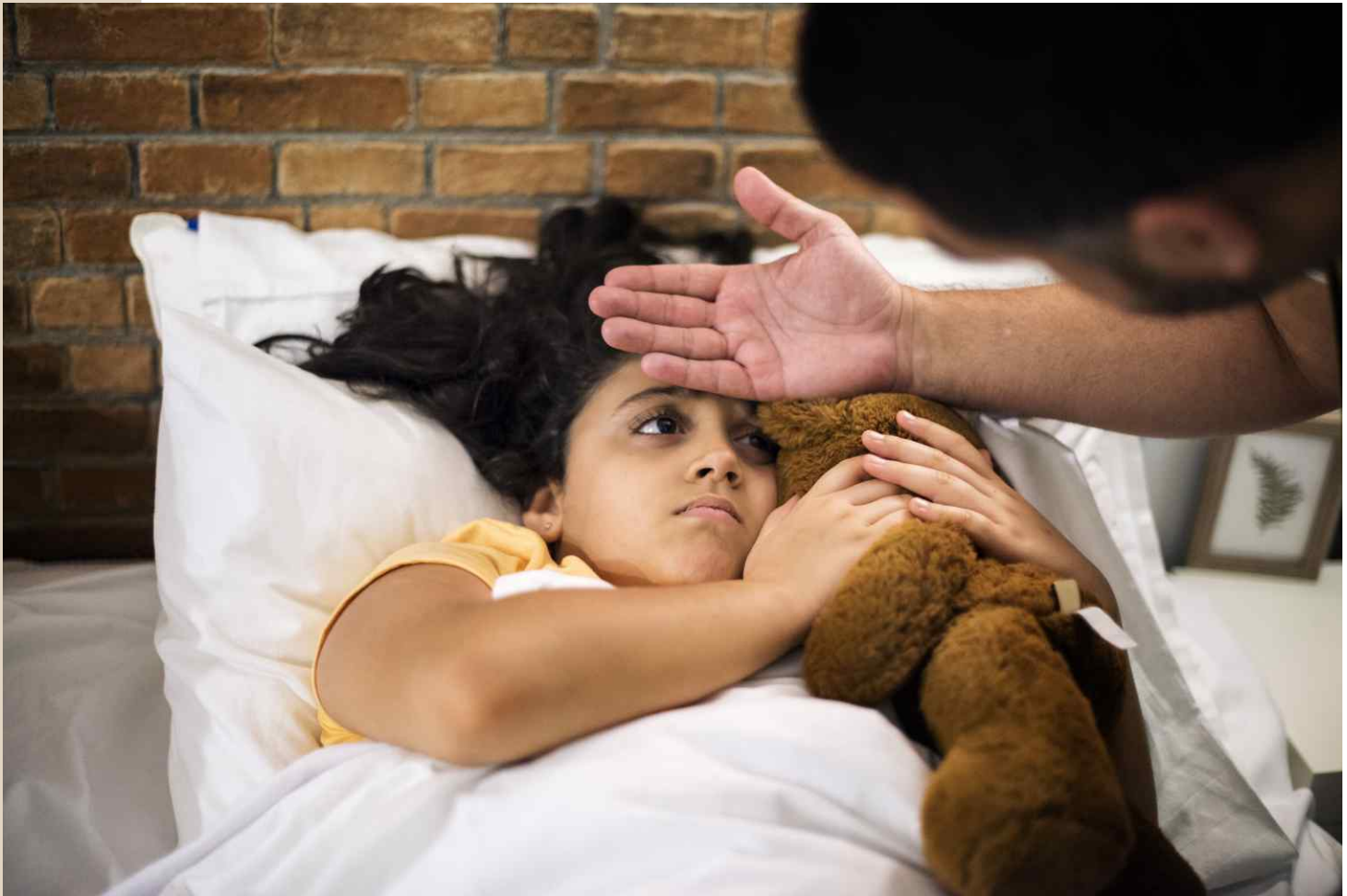
Remove your judgmental glasses:

Once there was a boy who used to love his red goggles and used to wear it all the time. He used to say that the sun is red, not yellow, trees are red, not green and so on. His teacher told him to remove his goggles and check what he is saying is right or wrong. When he removed his goggles, he realized he was wrong all the time and sun is indeed yellow and trees are green. Even we are wearing goggles all the time called judgment sunglasses and perceive the world through it. This leads to bottled up resentments and issues that double with time hampering our growth. So be open to other's opinion and avoid judging quickly.

Consciously replace negative thoughts with positive:

When life is unpredictable, responsibilities are touching the sky and financial crunch is making us insecure, our first impulse to any change or situation is negative. It is our responsibility in these challenging times to consciously replace negative thoughts with positive ones. It is not easy but having a mentor or life coach will help you sail through the turbulent times and give a positive outlook. Talk yourself out of negative situations and have a broad spectrum of life. Lastly, I will only say that work hard for what you want because it won't come to you without a fight. You have to be strong and courageous and know that you can do anything you put your mind to. If somebody puts you down or criticizes you, just keep on believing in yourself and turn it into something positive.





Fever

► Normal body temperature of a human body is 37°C or 98°F , but when the body temperature increases the normal range, it is due to an infection.

► In adults, if the fever reaches to 103°F then it is considered serious, but in toddlers even a slight increase in temperature can be due to something serious and should not be ignored. Often, people use over the counter medication.

A temporary increase in body temperature due to illness or infection in the body is called Fever. It indicates that something is out of balance in the body.

Symptoms

- Increase in body temperature
- Body pain
- Sweating
- Chills and shivering
- Headache
- Muscle aches
- Loss of appetite
- Irritability
- Dehydration
- General weakness



medications without doctor's prescription which should be avoided. There are many symptoms that indicate a serious infection leading to fever, check the below mentioned symptoms and opt for suggested treatments:

Causes of Fever

- ▶ Viral infection
- ▶ Heat stroke and fatigue
- ▶ Inflammatory reasons like arthritis
- ▶ Tumor
- ▶ Because of injections like diphtheria, tetanus or DTP or because of anti-bacterial medications.

Suggestions

- ▶ Wash hands before and after meals, after using washroom, after touching animals, etc. and also teach your children to maintain proper hygiene.
- ▶ Keep your surroundings clean
- ▶ Don't let the water clog in your surroundings

Dengue



Symptoms

- ▶ Fever and red spots on the body
- ▶ Low platelet count
- ▶ Weakness in the body, difficulty in eating and digesting food and nausea

Suggestions

- ▶ Drink lot of water
- ▶ In case of bleeding, visit the hospital at the earliest

Treatment

- ▶ Mix 30ml. Aloe Noni Juice, Aloe Sanjivani Juice and 2 drops of Shri Tulsi in water and drink twice a day in the morning and evening
- ▶ Consume 1 tablet each of Wheat Gold, Fever Guard, and Pain Away in the morning and evening
- ▶ Take 10ml, Aloe LivKare in the morning and evening

Swine Flue



Symptoms

- ▶ Fever, sneezing and cough
- ▶ Loss of appetite
- ▶ Difficulty in breathing

Suggestions

- ▶ Keep your surroundings clean
- ▶ Stay away from infected animals especially pig

Treatment

- ▶ Mix 30ml. Aloe Noni Juice, Aloe Sanjivani Juice and 2 drops of Shri Tulsi in water and drink twice a day in the morning and evening
- ▶ Consume 1 tablet each of Wheat Gold, Fever Guard, and Pain Away in the morning and evening
- ▶ Take 10ml, each of Aloe KofKare and Aloe LivKare in the morning and evening



Chikun Guniya



Symptoms

- ▶ High fever, joints pain, headache, loss of appetite, teary eyes and red spots on the body

Suggestions

- ▶ Don't let the water clog in your surroundings
- ▶ Keep your house germ free and use mosquito sprays to avoid mosquito bite

Treatment

- ▶ Mix 30ml. Aloe Noni Juice, Aloe Sanjivani Juice and 2 drops of Shri Tulsi in water and drink twice a day in the morning and evening
- ▶ Consume 1 tablet each of Wheat Gold, Fever Guard, TruHealth and Pain Away in the morning and evening
- ▶ Take 10ml, each of Aloe KofKare and Aloe LivKare in the morning and evening
- ▶ For joints pain, massage with Pain Away Oil

Note: Children should be given Fever Guard Syrup according to their age

The background of the advertisement is a light green, textured surface. In the top left corner, there is a small sprig of green mint leaves. In the bottom left corner, there is a yellow banana. In the bottom right corner, there is a large, detailed green leaf with serrated edges. Two boxes of Aloe Baby Skin Bar are shown. The top box is tilted and features a smiling baby, the IMC logo, the product name 'Aloe Baby Skin Bar', the claim '100% Soap Free', and the phrase 'Makes the Skin Soft & Delicate'. The bottom box is also tilted and shows the same information from a different angle.

Aloe Baby Skin Bar

Makes the baby's delicate skin soft and mushy. Does not hurt the eyes and keeps the skin rash free. It keeps skin infections at bay.

A person is running on a paved path during sunset. The sun is low on the horizon, casting a warm, golden glow over the scene. The runner is in mid-stride, with their right leg forward and left leg back. They are wearing dark shorts, white socks, and dark running shoes. The background shows a hilly landscape under the setting sun.

Today's Work Tomorrow's Success

Once upon a time, there was a student who used to respect his teacher a lot and the teacher also loved his student. But, the student was careless towards his work and used to be late all the time. He used to neglect his daily work, never used to introspect and used to procrastinate even the urgent work. The teacher was really worried about his student; he knew that his laziness will lead to the failure of his student. He understood that complacent attitude results in negativity and losing of golden opportunities. Often a lazy man will tend to shrug away from responsibilities and will not be able to make the most of the opportunities he gets. So, the teacher decided to teach him a lesson and asked him to meet him. He said to the student that he is going out of the city for two days and gave him a magical black rock. The specialty of this Black rock is that it turns into gold when touched with an iron object, but he will take away the rock on returning.

The student was elated to know that he has got a golden opportunity to become rich without struggling hard. He spent the entire first-day day-dreaming about the luxurious life, wealth and riches he will get by the black rock. On the second day, he was clear that it's his last chance to convert the rock into gold and he wanted to do it at the earliest. He

decided to bring a lot of iron objects from the market and convert them into gold. The whole day he kept on thinking how many objects he will bring from the market and was relaxed that still there is a lot of time left. He thought that after lunch he will go to the market but after lunch, his eyes were filled with sleep and he just wanted to take a nap. He decided to rest for a while and then go to the market but he woke up late and the sun was about to set. He ran towards the market to get the iron object but on the way, only he met his teacher. He pleaded his teacher to grant him one extra day but the teacher refused. He was depressed that his dream to become rich and lead a luxurious life was shattered. But he learned a very important lesson that laziness leads to regret and he promised himself that he will work hard, become active and will respect time.

Friends, life is full of opportunities but we often lose them because of our laziness. So, if you want to be successful and lead a peaceful life, then stop being lazy and do not procrastinate. One should be punctual, hardworking and always remember that today's hard work will be tomorrow's success.



Have Courage

“

Life is not just waking up one morning and saying,
"I want this to happen."
It's about getting out there and going for it...

Life is full of surprises,
here, there and everywhere,
you will never know where you will end up
or who you will end up with.
You just have to trust your faith.

Never say never, "know that you can do it"
Never say later; do it right now.
Never let people bring you down.
They will do anything to watch you fall,
so keep your head up and your heart strong,
and then, my dear, you can never go wrong.

”

Care and Share Welfare Society

started a movement to distribute

Blankets and Warm Clothes

across India



The biting winters are giving shivers down the spine even to those who are sipping a brewing cup of coffee in the warmth of their house. Imagine the situation of homeless and destitute trying to keep themselves warm in their tattered clothes that merely cover their body. Every year, India faces extreme weather conditions and the death toll is increasing considerably due to hypothermia or cold. This has become a challenge that needs to be combated. Care and Share Welfare Society in collaboration with International Marketing Corporation Pvt. Ltd came forward to tackle the situation and help the poor and needy by distributing blankets and warm clothes across India.



Even the associates of the IMC came together from different states to be the part of the campaign. Finance Secretary of the society, Mrs. Anshul Bhatia took a pledge to distribute blankets in every slum of the country with the cooperation of associates of the company and this drive was started in Ludhiana where the welfare society and Head Office of IMC are situated. In the words of Mrs. Anshul Bhatia, "We cannot change the weather but can support the downtrodden by providing them with basic necessities. This drive is a catalyst to change." Even the associates of the company have taken this responsibility to continue this campaign in their cities so that every slum dweller can at the least have a sound and warm sleep in chilly winters.

Care and Share Welfare Society aims to contribute towards the society and was founded with a motive to uplift the socio-economic status of the poor. President of Care and Share Welfare Society, Mrs. Veena Bhatia believes that charity begins at home and has started a campaign, "Ek Kadam Manavata ki Aur" to support the downtrodden across the country by providing them means to survive. She says, "Our main motive is that the help should percolate down to the poor and deserving. We have always tried to channel the aid to the remotest areas across the country which often remains neglected and suffer in silence."

The initiative was taken by the society in collaboration with International Marketing Corporation Pvt. Ltd. to help the government in reducing deaths and diseases that happen due to extreme weather conditions. On 7th January 2018, the campaign was launched in IMC Head Office, Ludhiana where poor and needy were distributed blankets and warm clothes. The chief guest of the event was Dr. Sukhchain Singh, Commissioner of Punjab Police, who appreciated the initiative and said, "I am falling short of words to appreciate such a noble cause. The campaign of this magnitude takes a lot of responsibility and it is a matter of pride that IMC and Care and Share Welfare Society has come forward to support slum dwellers of the nation." On the 2nd day the movement Deputy Commissioner of Punjab, Shri Pardeep Aggarwal was invited as the chief guest and he congratulated the society for taking responsibility of the needy. He said that "If more people came forward to contribute selflessly to support and uplift the destitute not only our city but our nation can be free from the shackles of poverty."



Ekta Madaan
Writer I.M.C.



Elaichi Amrit

It is one of the best mouth freshener. It helps in giving relief from gas, flatulence, constipation, acidity, nausea, colic spasms, dysentery and urinary tract infection, etc.

Note: It can be used in tea, coffee, desserts, etc.



Star Achievers

January 2019



Chairman Star Associates



Mr. Munna Ram Dular Singh
Gujarat



Mr. Suresh Kumar Patel
Madhya Pradesh



Mr. Binod Ram
Jharkhand



Mr. Sukhdev Singh
Haryana

Chairman Star Associates



Mr. Kamlesh Pundlik Hajare
Maharastra



Mr. Manmatha Kumar Sahu
Maharastra



Susheela Umashankar Tiwari
Maharastra



January Month

Star Achievers



Diamond Star Associates

Name

City

Annasaheb Badrinath Nikam	Maharashtra
Angad Uttamrao Maske	Maharashtra
Anu Bala	Haryana
Pawan Kumar Singh	Bihar
Krishna Chandra Sahu	Jharkhand
Tarvinder Singh Madan	Haryana
MD Anuwarul Islam	West Bengal



Ruby Star Associates

Name

City

Bhupendra L Dabhi	Gujarat
Gurlal Singh	Punjab
Rita Devi	Bihar
Indraj Kumar	Uttar Pradesh
Nabakunja Mahato	West Bengal
Lakshminarayana Rana	Odisha
Machindra Dadapatil Khade	Maharashtra
Vikas	Delhi
Dipankar Biswas	West Bengal
Rednam Srinivas Rao	Andhra Pradesh
Rajaneesh-T	Kerala
Murali	Uttar Pradesh
Ziaus Sahar Razaqi	Delhi
Subhash J. Dhangda	Maharashtra
Swapn Kumar Mishra	West Bengal
Harasudayal Ray	Bihar
B.Baskar	Telangana
Rajshekhar D Hiremath	Karnataka

Name

City

Surendra Bansod	Maharashtra
Dikonda Ganesh	Telangana
Namrata Basavani Gundani	Karnataka
Khushbu Joshi	Madhya Pradesh
Saheb Lal	Chattisgarh
Shivam Sharma	Uttar Pradesh
Dilbarajon Topno	Jharkhand
Rabindra Atta	West Bengal
Hanumant Madhavrao Dalve	Maharashtra
Subhash Pandurang Ghadage	Maharashtra
Bachchan Kumar Singh	Bihar
Balaji Arjun Suryawanshi	Maharashtra
Manoj Balasaheb Anjankar	Maharashtra
Ramakant Prasad Kushwaha	Bihar
Geeta Shree Gupta	Bihar
Rohtash	Haryana
Munja Dnyanoba Jayatpal	Maharashtra
Santosh Kumar Mishra	Uttar Pradesh



Gold Star Associates

Name

City

Ranajit Kumar Roy	West Bengal
Suman Sharma	Uttar Pradesh
Amrita Kumari	Jharkhand
Dr. Harishchandra H Sharma	Maharashtra
Chander Prakash	Delhi
Mukesh Kumar	Bihar
Indu Singh	Delhi
Manoj Kumar Yadav	Uttar Pradesh
Mansha Kachhap	Jharkhand

Name

City

Harish Chander	Punjab
Mohammad Qayyum Shaikh	Maharashtra
Jitender Chaudhary	Delhi
Brijesh Kumar Singh	Uttar Pradesh
Sefatullah	West Bengal
Mohd Mukammil	Delhi
Anant Kumar	Uttar Pradesh
Ram Keshwar Oraon	Jharkhand
Amrit Das Manikpuri	Chattisgarh



Gold Star Associates

Name	City
Chander Mohan	Haryana
Shiv Shankar Singh	Bihar
Inder Prakash Tiwari	Delhi
Kamta Prasad	Uttar Pradesh
Gore Lal Singh	Delhi
Ashok Kumar sharma	Bihar
Md Rafique.Alam	Bihar
Mohd Kalam Khan	Uttar Pradesh
Asha Kumari	Bihar
Sujeet Kumar Sharma	Bihar
Ashis Kar	West Bengal
Santosh Sarju Mehta	Maharashtra
DR Ramachandra B Nerli	Karnataka
Tejpal	Haryana
Prakash Bhai V Thakare	Gujarat
Gyan Prakash Shah	Madhya Pradesh
Debasish Swain	Odisha
Pramod Kumar Shukla	Uttar Pradesh
Dilshad Ahmad Qureshi	Madhya Pradesh
Dhananjay	Bihar

Name	City
Suneel Kumar Tripathi	Madhya Pradesh
Biswajit Halder	West Bengal
EP. Vincent	Kerala
Biplab Kumar Das	West Bengal
Baij Nath Kushwaha	Uttar Pradesh
Naina R k Singh Gautam	Maharashtra
Kiran Singh	Uttar Pradesh
Anjali Singh	Delhi
Ajay Kumar	Bihar
Mahesh Chand Meena	Rajasthan
Sanjay Haribhau Ghorpade	Maharashtra
Santosh Thakur	Jharkhand
Vijay Kumar Majoka	Haryana
Snehal Gajanan Mankar	Maharashtra
Chavinath Prajapati	Uttar Pradesh
Sanjay Kumar	West Bengal
Sarwan Kumar	Bihar
Tukaram Sejul	Maharashtra
Praveen Kumar	Himachal Pradesh
Ashutosh Prasadn	West Bengal



Silver Star Associates

Name	City
Ravindra Kumar Singh	Delhi
Ashwini Anand Bajpai	Maharashtra
Umesh Sharma	Uttar Pradesh
Reshama Ravindra Adsure	Maharashtra
Mohd.Afzal	Uttar Pradesh
Ishan Tandan	Uttarakhand
Nasim Ahmad	Bihar
Sushmarani Shivram Korke	Maharashtra
Amit Kumar Gupta	Uttar Pradesh
Santosh Kumar Yadav	Bihar
Kali Charan Das	West Bengal
Dipak Kumar Singh	Bihar
Baldeep Kaur	Punjab
Daud Ansari	Bihar
Ramachandran.K.	Kerala
Rajesh Kumar	Himachal Pradesh
Suresh Kumar Manjhi	Uttar Pradesh
Bhikubai Bharat Patil	Maharashtra
Ravinder Kumar	Punjab
Shiva Meher	Odisha

Name	City
Mergu Venkateswarlu	Telangana
Sumita Chakraborty	West Bengal
Suthar Dilip Premji	Gujarat
Ananta Dewri	Assam
Parveen Kumar	Haryana
Punvasi Prasad R Maurya	Maharashtra
Dilip Kumar	Uttarakhand
Shiv Kumar	Uttar Pradesh
Manoj Kumar Maji	West Bengal
Shaheena	Uttar Pradesh
Khushboo Kumari	Bihar
Pratap Kumar Bharti	Jharkhand
J Jagannath Reddy	Odisha
Dinesh Sahani	Uttar Pradesh
Anirudh Ray	Jharkhand
Reena Devi	Uttar Pradesh
Raghvendra Sharma	Madhya Pradesh
Rajdev	Uttar Pradesh
Ram Baboo Singh	Uttar Pradesh
Shyam Narayan Raut	Bihar



Silver Star Associates

Name

City

Ramdayal Hiralal Kashyap	Maharashtra
Krishna Kumar Kashyap	Chattisgarh
Gulab Chandra Gupta	Bihar
Monika Jangde	Chattisgarh
Prabhakar Dubey	Uttar Pradesh
Dashrath Kushwaha	Uttar Pradesh
Umaramdevasi	Rajasthan
Ravindranathan KN	Kerala
Surendra Panda	Odisha
Margaret Godfrey Malekar	Maharashtra
Ruby Bansal	Uttar Pradesh
Susheel Kumar	Jammu & Kashmir
Gopal Sah	Jharkhand
Ramlal	Uttar Pradesh
Devendra Kumar	Uttar Pradesh
Upendra Prasad Singh	Bihar
Anuj Kumar	Uttar Pradesh
Vijay Pal	Uttar Pradesh
Ashok kumar Mishra	Uttar Pradesh
Namdev Sakharan Dagade	Maharashtra
Balbir Poddar	Bihar
Ramkesh Ram	Jharkhand
Rahul Kumar Gautam	Uttar Pradesh
Abdul Hakim	Bihar
Anupama Mohapatra	Odisha
Altaf Housian I Dambal	Karnataka
Arun Ravsaheb Jadhav	Maharashtra
Santosh Govindrao Bhosale	Maharashtra
Aksa Enterprise	Gujarat
Mohd Ameen	Uttar Pradesh
Pramod Prasad	Bihar
Dilip Sambhaji Tembhurne	Maharashtra
Narsingh Bansidhar Karanje	Maharashtra

Name

City

Man Singh	Uttar Pradesh
MD Abdul Kuddus	West Bengal
Satyendra Kumar Singh	Uttar Pradesh
MD Akram Hossain	West Bengal
Santosh Kumar Nayak	Odisha
Arvind kumar Singh	Madhya Pradesh
Mani Kumar Lakandre	Manipur
Pawan Kumar Parjapat	Rajasthan
Ranjeet Kumar Paswan	Bihar
Chetan Dobariya	Gujarat
Binaben Gopalbhai Bhatt	Gujarat
Mangal Das Atmaram Naik	Goa
Shahid Raza	Bihar
Raj Rohan	Chattisgarh
Dinesh Kumar	Uttar Pradesh
Lalan Singh	Jharkhand
Radha Halge	Karnataka
Amallesh Kumar Sarkar	West Bengal
Rekha Patel	Uttar Pradesh
Sangram Keshari Dash	Odisha
Aneeta Devi	Uttar Pradesh
Ratikanta Das	Odisha
Surendra Pratap Yadav	Uttar Pradesh
Jitendra Singh	Madhya Pradesh
Amrith Nath Tripathi	Uttar Pradesh
Devesh Mahawar	Rajasthan
Ganesh Ambadas Khade	Maharashtra
Avinash gupta	West Bengal
Chandrakala	Uttar Pradesh
Sangita Madan Ghate	Maharashtra
Suresh Tukaram Rathod	Maharashtra
Alok Anand	Bihar
MD Janzir Alam	West Bengal



Star Achievers

February 2019





Mr. Vivekanand
Bihar

President Star Associate



Mr. Ram Kalit Das
Delhi

Ambassador Star Associate



Mr. Sanjay Kumar Yadav
Uttar Pradesh

Chairman Star Associates



Mr. Jai Krishana Pandey
Uttar Pradesh



Mr. Qazir Ahmed
Bihar



Mr. Amal Sarkar
West Bengal



Mr. Paramananda Kalsai
Odisha

Chairman Star Associates



February Month

Star Achievers



Diamond Star Associates

Name

City

Vijay Pal	Chandigarh
Gyan B Singh	Maharashtra
Sudhansu Sekhar Purohit	Odisha
Deepak Kumar Mahto	Jharkhand
Shashi Bhushan Sharma	Bihar
Ritesh Kumar	Bihar
Shiv Ram Singh	Uttar Pradesh
Anil kumar	Uttar Pradesh



Ruby Star Associates

Name

City

Manoj.Kumar S. Tripathi	Maharashtra
Jayesh Ashok Patil	Maharashtra
Akbar	Bihar
Sushil Chauhan	Haryana
Mayur Cosmetics	Maharashtra
Manish Deewan	Chattisgarh
Ruchi Suman	Madhya Pradesh
Sudhir Kumar Sarraf	Uttar Pradesh
Mohan Ramesh Thakur	Maharashtra

Name

City

Samarjeet Singh	Uttar Pradesh
Subarna Pattnaik	Odisha
Vasudeo Vithobaji Kohapare	Maharashtra
Kailas Baburao Rathod	Maharashtra
Harekrishna Pal	Jharkhand
Manjunath Biradar	Karnataka
Arup Pal	West Bengal
Mallikarjun	Karnataka
Maroti Vitthal Rao Bhoskar	Maharashtra



Gold Star Associates

Name

City

Kikar Singh	Himachal Pradesh
Bhaira Ram	Rajasthan
Abdulmajida Mulla	Karnataka
Daya Shankar Singh	Uttar Pradesh
Rakesh Kumar Sahu	Chattisgarh
Hridaya Nand Singh	Bihar
Ayesha Begum	Telangana
Anju Singh Rajwar	Delhi
Hemant Kumar Bhatt	Gujarat
Reeta	Chattisgarh
Gudu Chaudhari	Bihar
Jay Prakash sah	Bihar
Ganesh Ram Sekwadiya	Madhya Pradesh
Prashant Agarkar	Maharashtra
Swarup Kesh	West Bengal
Bhikubai Bharat Patil	Maharashtra

Name

City

Anuj Bansal	Uttar Pradesh
Mujiul Hoque	Assam
Milan Halder	West Bengal
Anil Dilip Gupta	Gujarat
Jagannath Behera	Odisha
Om Narayan Yadav	Chattisgarh
Krishna Gupta	Maharashtra
Phul Chandra	Uttar Pradesh
Gangadhar Yadav	Chattisgarh
Sagar Kumar Sharma	Maharashtra
Fate Lal Vaishnav	Gujarat
Ghurpat Kumar Bind	Bihar
Ramesh Swain	Odisha
Amit Kumar Chahuan	Uttar Pradesh
Hem Shandilya	Uttar Pradesh
Sonali Dattaprasad Bille	Maharashtra



Gold Star Associates

Name	City
Pradeep Kumar Agrawal	Jharkhand
Guddu Kumar	Jharkhand
Abhishek Pandey	Uttar Pradesh
Satywan Gupta	Uttar Pradesh
Santoshi kushwaha	Madhya Pradesh
Thakur Dilip Kumar	Jharkhand
Rajendra B Patil	Maharashtra
Abdul Monim	West Bengal
Rama Tudu	Odisha
Pravin Janardan Dani	Maharashtra
Padamanabhuni Sesha	Telangana
Moushami Das	West Bengal
Krishna Kumar Sahu	Chattisgarh
Rupali Bordhan	Assam
Bishnu Pada Ghosh	Jharkhand
MD Firoz Alam	Bihar
Prakash Chandra Majhi	Odisha
Ranjana R Chauhan	Maharashtra
Manowar Hossen Gazi	West Bengal

Name	City
Umesh Kumar Verma	Uttar Pradesh
Adityanarayan D Shukla	Maharashtra
Rakesh Srivastava	Uttar Pradesh
Anil Ganpatrao Mandlik	Maharashtra
Amolkumar S Ghodake	Karnataka
Bharti Tiwari	Madhya Pradesh
Najmun	West Bengal
Dulal Mondal	Jharkhand
Inderjeet Singh	Uttar Pradesh
Shivanand Appasaheb	Karnataka
Om Prakash Shah	Delhi
L Jaganath Das	Odisha
Sangram Keshari Dash	Odisha
Sanjay Kumar	Bihar
Geeta sharma	Haryana
Vitthal Nathaji Wakchaure	Maharashtra
Suresh Tukaram Rathod	Maharashtra
Alok Anand	Bihar



Silver Star Associates

Name	City
Prince Raushan	Delhi
Ramanuj Varma	Maharashtra
Deepak Kumar Soni	Madhya Pradesh
Rameshchandra K Baniya	Maharashtra
Kaushlendra Yadav	Uttar Pradesh
Zakir Hussain	Bihar
Deepak Kumar Mishra	Madhya Pradesh
G Rama Krishna	Telangana
Aloke Kumar Chowdhury	Assam
Sarita Devi	Jharkhand
Matal Tudu	Odisha
Amit Yadav	Madhya Pradesh
Jayashri Devi	Assam
Bittu Dutta	Assam
Kumudini Lalbihari Maurya	Maharashtra
Birang purty	Jharkhand
Manash Gogoi	Assam
Monoo	Uttar Pradesh
Manju Kanojiya	Uttar Pradesh
Muna Ansari	Bihar

Name	City
Vajhul Kamar	Uttar Pradesh
Reeta Devi	Uttar Pradesh
Badri Singh	Jharkhand
Ganesh Ranganath Maha	Maharashtra
Prashant Kumar	Bihar
Chandan Kumar	Bihar
Md Zawid Ansari	Bihar
Mohd. Ragib	Uttar Pradesh
Ravi Kumar	Chattisgarh
Anita Devi	Jharkhand
MD Feroj	Jharkhand
Sunil Kumar	Jharkhand
Sangeeta Sharma	Rajasthan
Jyoti Prasad	Delhi
Manoj kumar Sahu	Bihar
Chandraraj Daduji Shahare	Maharashtra
Pallavi Abhijit Amberkar	Maharashtra
Subhash Chandra Sinha	Bihar
Vindeshwari Mehta	Bihar
Urmila Kumari	Bihar



Silver Star Associates

Name	City
Pooja Balbhim akade	Maharashtra
Ramnath Singh	Bihar
Shivchandra Bhagat	Bihar
Neeraj Kumar Singh	Bihar
Surendra Paswan	Jharkhand
Lalta Prasad	Uttar Pradesh
Vikas Maroti Meshram	Maharashtra
Munna Alam	Bihar
Hemlal Mandal	Jharkhand
Uttam Kumar Roy	West Bengal
Krupaben Kamleshibhai	Gujarat
Shikali	Nagaland
Jai Prakash Pal	Gujarat
Vaishali Hirenbai	Gujarat
Balaji Gangadhar Kadam	Maharashtra
Ghanshyam Tekchand Bhal	Maharashtra
Sudhir Kundlik Chakranar	Maharashtra
Ekanath Bhaskar Patil	Maharashtra
Shivraj Yadav	Madhya Pradesh
Nagendra S Kushawaha	Maharashtra
Ramesh War Sahu	Chandigarh
Akhilak	Uttar Pradesh
Mohidul Islam	Assam
MD Munazir Hussain	Bihar
Chotu Swarnkar	Bihar
Santosh Chandrabhan	Maharashtra
Abdul Mannan	Bihar
Raghunath R Kewat	Maharashtra
Reena	Madhya Pradesh
Ram Prasad Sah	West Bengal
Shubhrashuan Patanayak	Odisha
Jahida Begum	Assam
Ranbir Kumar	Delhi
Pramod Kumar	Bihar
Sanjib Mondal	West Bengal
Mahendra Kumar Gautam	Uttar Pradesh
Aslam Hussain	Bihar
Vimal Choudhary	Bihar
Santosh Kumar Pandey	Bihar
Biswajit Pal	West Bengal
Arjun Charan Mohnta	Odisha
Vir singh	Delhi
Ratan Chandra Das	Assam
Lekhanath Khatiwada	West Bengal
Laxmi	Haryana

Name	City
Sampad Mandal	West Bengal
Angad singh	Uttar Pradesh
Sunita Upprety	Manipur
Gufrana Begum	West Bengal
Sarita Gyanender Chauhan	Uttar Pradesh
Prahlad Singha Roy	West Bengal
Kamalbhan Saket	Madhya Pradesh
Sanjay Das	Jharkhand
Ajayab Singh	Haryana
Sontakke Shivkanta Mahesh	Maharashtra
Ashish	Delhi
Mumtaz Awais	Delhi
MD Mujtaba Khan	Jharkhand
Gurappa	Karnataka
Dhananjay Kumar	Bihar
Vinod	Gujarat
Dharmendra Kumar	Uttar Pradesh
Abdul Jabber	Assam
Bijoy Kumar Mondal	West Bengal
Jhumuri Mahanta	Odisha
Annu Tuli	Uttar Pradesh
Baikuntha Nath Parida	Odisha
Sujoy Mondal	West Bengal
Mamta	Delhi
Kamlesh Kumar	Uttar Pradesh
Omprakash	Uttar Pradesh
Sandeep Kumar Tripathi	Uttar Pradesh
Paramjeet Kaur Bagga	Madhya Pradesh
Santosh Kumar Jha	Jharkhand
Prasanta kr Biswas	West Bengal
Shobha Sharma	Madhya Pradesh
Jakir Hussain	Assam
Dnyaneshwar Sakhamam	Maharashtra
Niva Thakur	West Bengal
Avdhesh Kumar	Uttar Pradesh
Ranjeet Singh	Haryana
Kuleshwar Saw	Jharkhand
Vinod Kumar Harvansh	Chattisgarh
Dr Sreekar	Karnataka
Ram Prabodh Kumar	Bihar
Tapan Kumar Parida	Odisha
Vishwanath Gopinath Puri	Maharashtra
Satyban Padhi	Gujarat
Mofizul Islam	Assam
Amanulla Sekh	West Bengal



Silver Star Associates

Name

City

Kamlesh	Maharashtra
Jagdish Chandra Sharma	Madhya Pradesh
Bipin Sharma	Madhya Pradesh
Abul Basher	Assam
Ganpati Baburao Mujmule	Maharashtra

Name

City

Kishorilal Rai	Madhya Pradesh
Md Asshar Khan	Bihar
Ravi Shankar Prasad Gupta	Bihar
Shreekrushna Laxman	Maharashtra
Sanjeet Kumar	Bihar

Balm

It is enriched with thymol, wintergreen oil (gandhpura oil), cinnamon oil, camphor, and menthol. It helps to reduce body stiffness, headache & cold. It gives instant relief from congestion, neck pain and blocked nose during fever or cold.



An Ayurvedic Product From Organic, W.H.O GMP,
Halal & Ayu. Dept. GMP Certified Company



Balm

for effortless
breathing





OFFER
Fast

25%

Offer Extended till 31st March 2019

Achieve Fast 25% Level

Eligibility:

If an associate earns 7501 PBV in a single month,
then he/she will directly achieve 25% level.

Note: The purchase should be done in the
same calender month.

ROYAL MONTHLY BONUS

IMC introduces Royal Monthly Bonus for Associates upto Diamond Star level.

ELIGIBILITY:

Any associate can avail a monthly bonus under the given offer if they maintain their previously achieved level. The varied amounts of the Royal Monthly Bonus according to the respective level maintained are mentioned on the right side. ➡

▶ Super Star:	:	Rs. 2,000
▶ Silver Star:	:	Rs. 4,000
▶ Gold Star:	:	Rs. 7,000
▶ Ruby Star:	:	Rs. 15,000
▶ Diamond Star:	:	Rs. 25,000

Offer Extended till 31st March 2019

CONDITIONS:

- It is mandatory to purchase products worth 2000PBV to qualify the offer.
- Newly qualified associates will only be eligible for the Royal Monthly Bonus in the succeeding month of their achievement if they maintain their achieved level.

NOTE:

The criteria which is to be followed for qualification by the Associates for maintenance of different levels are as follows:

Level	No. of qualified 35% Legs	PGBV
Super Star	0	30,000
Silver Star	1	30,000
Gold Star	2	25,000
Ruby Star	4	20,000
Diamond Star	6	15,000



Fast

35%

Offer

Offer Extended till 31st March 2019

Achieve Fast
35% Level (Super Star)

Eligibility:

If an associate earns **75001 PGBV**
in a single month

OR

Earns **1 lac PGBV** in two months
then he/she will directly achieve **35% level**.

CONDITION:

Maximum **7501 PGBV** in a month will be considered
per associate **ID** for qualifying fast super star

MALAYSIA

CONVENTION 2019

4 Nights and 5 Days

Qualification Period: 1st April 2018 - 31st March 2019

Qualification Criteria: For couples

1. Associates at Silver Star Level and below as on 1st April 2018

Achieve and maintain Ruby Star Associate Level till 31st March 2019.

2. For Existing Gold Star Associates level and above as on 1st April 2018:

Sponsor 2 new direct associates or promote any 2 existing non 35% direct associates as on 1st April 2018 and help each of them earn 3 Lac GBV (new business) till 31st March 2019. Also, maintain minimum Ruby Star Level till 31st March 2019.

Things to Remember:

- Expected dates of the trip: June/July 2019.
- In case the spouse does not accompany then there will be no reimbursement in cash/kind.
- The trip is non-transferable/exchangeable/encashable.
- Children are not allowed.
- In case of partnership firm, only 1 partner can go on the trip with his/her spouse.
- It is mandatory to submit passport and other legal documents before 30th April 2019.





**FREE
1 DAY**

LEADERSHIP TRAINING PROGRAM

Eligibility:

If any associate and his 4 direct associates qualify

“Chalo Dilli” Seminar

then they are eligible to avail this training program.

Qualification Period: 2nd - 31st March 2019

Terms and Conditions

- Training is not transferable.
- Double Qualification is allowed only in case of spouse.
- State wise leadership training will be held in February 2019.



**Win passes of the
Grand Seminar of the Year!**

Qualification:

Single Qualification: On Purchase of 1 wellness Kit.

Double Qualification: On Purchase of 1 Personal Kit.

Qualification Period:

2nd November 2018 - 31st March 2019

Reward:
**1 ENTRY PASS
FREE**

Highlights

New Product Launch

Recognition & Awards

Live Performance by Celebrities

Motivational Speech

Venue: Indira Gandhi Stadium, Delhi

Note:

1. Event passes are transferable.
2. Multiple Qualifications are allowed.
3. Final date of the event will be announced shortly.
4. Associates should arrange their boarding, lodging and hotel bookings themselves.
5. Associates who had qualified till 31st January 2019 their qualification will be consider double.



NEW YEAR BONANZA

Buy **1** PACK OF **Magnetic Energy ANION**
SANITARY NAPKINS



GET
1 Shri TULSI
FREE

Note:

Offer valid till the
stocks last.

Code No. : 10077

Item Code : Sanitary Napkins with Shri Tulsi

M.R.P. 275 | DP 200 | BV 70

LATEST OFFER

On the purchase of

1 VIROcare

Get

2 Shri Tulsi Free



Products availed in the offer cannot be **returned/exchanged**.

MRP: 625

DP : 450

BV : 200

Offer valid till stocks last

Aloe Anti- Aging Cream



It helps in delaying the aging process by revitalizing the skin cells and sagging skin. It diminishes wrinkles, dark lines and patchy skin, keeps the skin tight and protects from harmful UV rays. It helps in bringing back a youthful glow by delaying the aging process and keeps the skin soft and firm.

IMC Monthly E-Magazine

Ludhiana
February & March 2019

